

H.E.A.R. Bible Study Method

This Bible Study method was designed to be used with the F260 Reading Plan.

READ: 10 Minutes a Day / 5 Days a Week

REFLECT: 5-10 Minutes a Day

RESPOND: All Day / Every Day

HIGHLIGHT:

After reading 1-2 Chapters of Scripture, *Highlight* the verses that speak to you by writing out the following:

- ❖ Write down the name of the book.
- ❖ Write down the Chapter and verses.
- ❖ Write down a 1-3 word title (eg. Why does this passage speak to me?)

EXPLAIN:

Engage with the text and wrestle with its meaning. Some *possible* questions to consider include:

- ❖ Who was the passage written to?
- ❖ Why was it written?
- ❖ How does it fit in with surrounding verses?
- ❖ What may God be communicating through this passage?

APPLY:

Consider how you may be able to apply the text in *Real Life*. Some *possible* questions to consider include:

- ❖ How can this passage help me?
- ❖ How can I apply this passage in my life today?
- ❖ What is God saying to me?

RESPOND:

Finally, *respond* to God. This can be done in any number of ways, but make it sincere.

- ❖ Write out a prayer (eg. Ask God to help you become more loving, or grace-filled, or content, etc.)
- ❖ Sing, write a poem, paint, sketch, take a photo, or find some other creative way to respond to God.
- ❖ Commit to a certain action.
- ❖ Who is God inviting me to be?
- ❖ What's my next step in becoming that person?

